



**'Clothing from my
country tells a story
of national heritage'**



Introduction



- ✓ There are traditions that are never forgotten, even if they are not practiced as they used to be. The traditional costume of Portugal is a costume that varies from area to area in the country.
- ✓ The costumes also vary depending on whether the person was a fisherman or went to parties, was rich or poor, but the basic idea was maintained, especially in women, that had the opportunity to show off their jewels.
- ✓ The costume also varied depending on the part of the country the people belonged to, according to the weather conditions and professions, as we are going to show you.



Minho



- ✓ **Women:** Head scarf, white shirt, black vest, long skirt, pnthyose, flowered apron, pocket, slippers and necklaces.
- ✓ **Men:** Linen shirt red sash, black pants, black coat, black hat, white socks and black shoes.



Trás-os-Montes



- ✓ **Women:** Linen blouse, silk witcoat, long skirt, thighs and calf shoes.
- ✓ **Men:** Linen shirt of natural color, small coat, shorts, vest, gaiters and black felt hat.
- ✓ **Miranda do Douro:** Hat, socks, boots, "palotes" (small wooden canet used in their dances), white linen shirt, "enáguas", white cotton skirts with frill, "saragoça" vest, colorful bandanna in the waist, four folded patterned scarves.



Nazaré



- ✓ **Women:** Blouse, seven skirts, sacrf, hat, varnish slippers, necklaces and gold earrings.
- ✓ **Men:** Colored shirt, patterned pants and black wool cap



Ribatejo



✓ **Women:** White linen blouse, vest, skirt, scraf and necklaces.

✓ **Men:** Hat, white shirt, vest, wide belt, black pants and black shoes



Alentejo



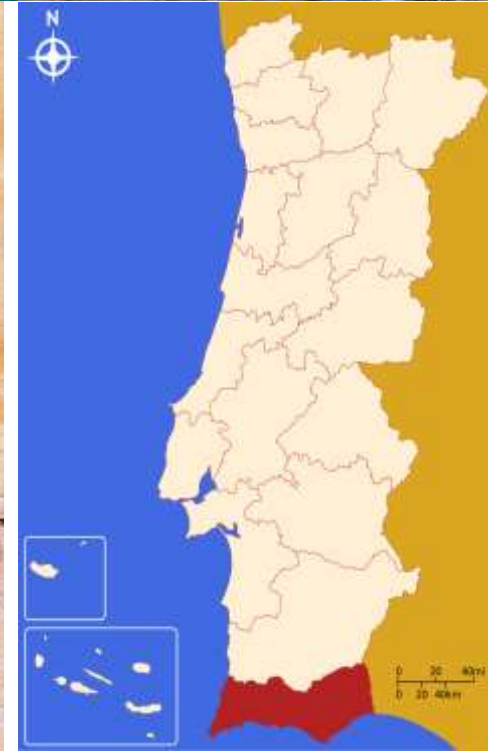
- ✓ **Women:** Long skirt, cotton blouse, white lace tights, sheepskin shoes and scarf
- ✓ **Men:** Shirt with pleats, long jacket and vest, wide-brimmed hat, clack strap and fine shoe.



Algarve



- ✓ **Women:** Long skirt, in a single and bright color, blouse with flowers, long sleeves, decorated with lace; small white or flowery apron, with lace, couple boots, in brown color, on the head, a flowered scarf and a black felt hat.
- ✓ **Men:** Black pants, white socks, half-pipe boots, black or black shoes, white shirt; black vest, on his head, a black felt hat.



Madeira Island



- ✓ **Women:** Red skirt with colorful stripes, white shirt, red scarf, boots made of tanned cowhide and cap.
- ✓ **Men:** White shorts with frown on the knee, embroidered shirt or without pleats, boots made of tanned cowhide and cap.

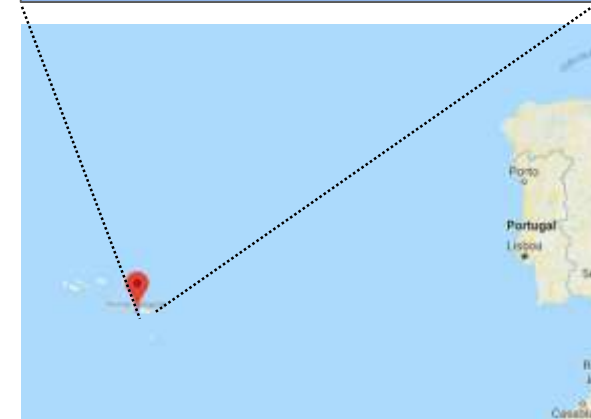


Azores

(Archipelago)



- ✓ **Women:** Skirt and apron of pink and blue colors, pantryose, white blouse, scarf and slippers.
- ✓ **Men:** Tradicional costume, consisting of trouseres and jacket, blue felt on the back, black leather boots and white shirt.



Conclusion

- ✓ **Portugal** is a country that's geographically quite small, but boasts a plentiful variety of different landscapes!
- ✓ These landscapes also vary greatly over the seasons, both in shape and colours.
- ✓ These changes are present in our national costumes, as a mirror to the people's professions and standard of living.
- ✓ As shown, **Portugal** has a strong cultural identity! The extraordinary ethnographic wealth, and the different costumes characteristic to their regions is one of its components.

